



Sacred Heart Catholic Primary School and Nursery
Headteacher Mr C Beazeley
Windermere Road, Southend on Sea, Essex, SS1 2RF
Phone: 01702 414200
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Dear parent/career,

In our first term of Year 3, the children will be learning about The Stone Age – The Iron Age as part of their history topic. On the 19th November, the children will be able to experience a visit from Portals to the Past, a company that provides immersive historical workshops for children.

The workshop leader is a trained bushcraft expert and has a detailed understanding of ancient technology and how it is still used by some societies around the world today.

The workshop will run for the entirety of the school day (09:15-15:00) and consists of a group investigation, where students explore numerous informative displays and artefacts, and get hands-on experience of ancient technology and skills. This is combined with interactive discussions on the following sub-topics:

- Hunting and gathering
- Cave art
- How people lived/daily life
- Hill forts
- Beliefs and burials
- Trade

These sessions follow on from the learning the children will have started within the classroom and will provide the practical and immersive experience that they need to develop in the historical understanding.

The cost of this workshop is £6.70 and can be paid via School Money.

If your child wishes, they may arrive at school in fancy dress from the Stone Age – the Iron Age. Some ideas are attached below. Please ensure your child comes to school wearing suitable footwear; trainers are permitted.

Yours Faithfully,
Mrs Nazareth and Miss Simpson

Headteacher: Mr C Beazeley
Part of the Assisi Catholic Trust Ltd,
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In Britain, the earliest humans wore animal skins and fur to keep warm. They did not sew the skins together. Using an awl made of animal bone to pierce the skins they made holes. String made from nettles or tree bark, like the birch, and threaded through the holes to join the skins or fur together.



This is Otzi. He was alive in the last Ice Age. He died and was frozen, where he remained until archaeologists found him a few years ago.
 He is wearing animal skin trousers, coat and shoes, and a woven grass cape.
 This kept him dry, as the rain just runs off.



This is the style of men's dress in the Bronze Age Men.
 The weather was warmer at the beginning of the Bronze Age, so less clothes were needed.

DRESSING AS CELTS

Have you got a **Boudicca** in your school?
 What was the name of the tribe in your area? Do some research!
 Dressing as a Celt is easy.
 Wear lots of clashing checked clothes.



If you want to be a high status or rich Celt, make a gold TORC to wear around your neck.

Rich Britons wore chain mail. This you can make from onion bags sprayed silver. These you can get from local supermarkets or greengrocers.

Make a shield from a large piece of strong cardboard and paint with spiral designs or copy the designs here. Put a strip of strong card across the back of your shield to use as a handle.

The shield should cover from your chest to your knees. Most Celts fought with spears.

Only very rich Celts had swords.
 (Maximum sword length is 50cms.)
 Only use cardboard to make any weapons.

Spike up your hair. Paint spiral designs on your face and arms with blue face paint.
 Girls and boys can be warriors.



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