

Specialist Services

The School Nursing Service has a specialist Nurse for children who are Electively Home Educated and a specialist Nurse for Special Educational Needs and Disabilities. Contact us to find out more.

ChatHealth

ChatHealth is a secure and confidential text messaging service for parents / carers and young people. It allows service users to get in touch easily and anonymously with a School Nurse for advice and support. All young people between the ages of 11–19 are eligible to use this service to text a School Nurse on **07520 649895**. Parents / carers of children aged 5–19 can text **07520 649895**.

Young People
scan this QR Code
to find support



Parents scan this
QR Code to find
support



Referrals

School Nursing referral forms can be found in school receptions. Alternatively, telephone referrals can be made and a member of the school nursing team will be in contact. We accept referrals from parents / carers, schools and health professionals with parental consent.

Public Health Team

📍 Department for People
Southend-on-Sea City Council
Civic Centre, Victoria Avenue
Southend-on-Sea, SS2 6ER

School Nursing Contact

☎ 01702 534843
✉ MSEICB-S.Southendpublichealthnurses@nhs.net
🌐 www.southend.gov.uk/schoolnurses
🐦 @SouthendSN

Useful Numbers:

☎ Children's Centre: 01702 220810
☎ NHS: 111

School Nursing Service

We provide support and advice for children, young people, parents, families and professionals.

Parent, child and young person drop in appointments

Visible, accessible and confidential service

Healthy lifestyles

Growth and development

Home visits

Emotional health and wellbeing

Nocturnal enuresis support (bedwetting)

Safety

Health advice and education

Immunisation advice

The School Nursing service supports the health and wellbeing of children and young people between the ages of 5–19 and their families.

You can talk to a member of the school nursing team if you have any worries or concerns with regards to:

- Support with managing medical needs in schools
- Growth and development
- Emotional health and wellbeing
- Vision and Hearing
- Dental health
- Sleep
- Enuresis (bedwetting), continence and soiling
- Immunisation advice
- Common childhood illness
- Growing up, puberty and relationships
- Keeping safe
- Any other general health concerns

What support does the School Nursing service offer?

- We support children and young people who have medical needs to ensure their conditions are managed safely in schools
- We support school staff in managing medical needs (for example, asthma and allergies)
- We carry out the National Child Measurement Programme for reception children who are also offered vision and hearing screening as well as a health questionnaire
- We also carry out the National Child Measurement Programme for children in year 6 who are offered a health questionnaire. This helps us to ensure their health needs are supported during their transition to senior school
- We provide health, development and emotional wellbeing advice
- We deliver health promotion in schools and in the Southend community
- School nurses can refer directly to other health professionals and services if required

Parent / Carer Drop-in Clinics

Parent drop-in clinics are run by members of the School Nursing service on a regular basis. You can access these with or without an appointment and can talk about any problems with your child's health and emotional wellbeing.

If your child is ill and is likely to need treatment, please access your GP.

Parents can also access our ChatHealth service to text a School Nurse directly. Text between 9.30–16.30 Monday–Friday (excluding bank holidays) on **07507 331884**.

Young People aged 11–19

Young people aged 11–19 can access school nursing support via a school clinic. 11–19 year olds can also contact a school nurse via a ChatHealth SMS messaging service. Text between 9.30–16.30 Monday–Friday (excluding bank holidays) on **07520 649895**.

