## School **Nursing Service**

Community health clinics for children aged 5-11 who are being educated in Southend.

Venue Time **Date** Emotional health and wellbeing advice • Growth and development • Healthy lifestyles • Bedwetting support • Hearing and vision •

Sleep support • Puberty

No appointment needed. Call or text us for further information.



**U** 01702 534843



ChatHealth Parentline: 07507 331884

Young People scan this QR Code to find support



**Parents** scan this QR Code to find support





www.southend.gov.uk/schoolnurses X @SouthendSN





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