



*Sacred Heart Catholic Primary School & Nursery*  
Headteacher Mr C Beazeley  
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Dear Parents/Carers,

Starting next half-term we will be teaching some more focussed PE lessons to develop the children's physical development further. These sessions will enhance their basic skills and mobility through games and age-appropriate activities.

Our PE day will be on a **Monday** every week starting the first day back after half-term, **Monday 4<sup>th</sup> November**. Please ensure that children come to school dressed in their PE kit on a Monday. All details about school uniform can be found on our website please see link below:

[Sacred Heart Uniform](#)

Thank you for your continued support.

Mr Bragard

EYFS Lead

*Headteacher: Mr C Beazeley*  
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Southend-on-Sea